



FHEHealth



When **ATU members** are struggling...

FHE Health is there

With over 20 years of assisting union members and their families when they are struggling with behavioral health or addiction issues we understand your next choice is vital.

Stress and anxiety in the workplace is real and it is our goal to offer you confidential assistance 24 hours a day seven days a week.

We work in conjunction with your Union to protect your job and your LIFE! If you find yourself in a pattern of progressive discipline at work, you may have underlying behavioral health issues and there are federal laws that may be able to protect you.

We assist ATU members with:

- Drug, alcohol, sex & gambling addictions
- Depression & other behavioral health issues
- Stress & anxiety disorders

Call for 24/7 CONFIDENTIAL Assistance

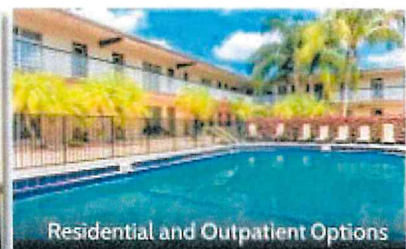
(866) 276-1610



Behavioral Health - Mental Health



Addiction Treatment



Residential and Outpatient Options

FHE Health
Where Hope Becomes Healing

(866) 246-1610

www.FHERehab.com





FHEHealth



FHE Health is a nationally recognized, dually accredited behavioral health treatment facility that offers the highest quality of care. Since opening our doors nearly 20 years ago, our mission has been to provide safe, effective, medically integrated behavioral healthcare to empower our clients and their families to live loving and inspired lives.

We know that addiction is a complex disease and there is no singular treatment that works for everyone. That is why our cutting-edge program integrates medical, psychiatric, and clinical components of substance abuse treatment, including our innovative Neuro-Rehabilitative services. This scientific, data-driven approach coupled with our comfortable, modern facility helps restore health to patients and their families.

Call Us Today
(866) 276-1610



Medical Detox

Recover in our cutting-edge detox facility with around the clock medical care and support.



Inpatient Care

Reside in our comfortable, modern facility for up to 30 days, or until medically stable.



Outpatient Care

Transition back into society and learn important recovery skills in our sober living environment.



FHEHealth



Janet B. Gerhard

Director of Public and Community Affairs

Direct Number: (267) 249-0513

Email: JGerhard@FHEHealth.com

505 S. Federal Highway • Deerfield Beach, FL 33441 • FHEHealth.com

Our Specialty Programs



COMPASS is designed for working professionals who have addiction/behavioral health or mental health issues that have created significant impairments in their functioning and has led to consequences necessitating treatment. These clients have demonstrated an ability to progress in life in certain areas (family, work, self-supporting) but these gains are impacted by poor choices, lack of self-care, and self-defeating behaviors that lead them to recognize that they need treatment to get back on track.

The program is designed to educate, help clients to gain insight into their self-defeating behaviors and learn to develop new coping skills, social supports, and to make healthy choices consistently and appropriately.



THE RESTORE MENTAL HEALTH PROGRAM is designed to meet the needs of clients diagnosed with a primary mental health issue such as depression, anxiety, bi-polar disorder, schizoaffective disorder, and others. The program includes DBT skills, mental health education, and mental health focused process groups to target specific concerns. Supportive community setting helps clients deal with the stigma and emotions around having a mental

illness. Clients learn practical coping skills and clinical services are offered alongside psychiatric, psychological, and neuro services designed to treat the whole person. May also be appropriate for clients with co-occurring disorders where clinical staff identify that Mental Health issues are a significant concern.



THE THRIVE BEHAVIORAL HEALTH PROGRAM is designed to provide the education & skills necessary to create a supportive and structured environment for clients to learn recovery skills that they have not yet been able to demonstrate. The program is designed to help those who have struggled with making healthy life choices make a commitment to recovery and demonstrate independent living skills, self-care, & gain meaningful insight into their addictive or mental health issues in order to course correct.



SHATTERPROOF® FHE combines therapy methods to address special needs of the First Responder population which includes; Firefighters, Police Officers, EMT's, Corrections Officers, Military (all branches to include Army, Navy, Air Force, Special OP's, Coast Guard, etc.), to address presenting problems related to mental health diagnosis, addictive behaviors, long-term traumatic exposure, cultural barriers and how it relates to various addictions manifesting in these communities.



EMPOWER! WOMEN'S PROGRAM is founded on the belief that women best heal from mental health, relationship, or substance dependency in an honest, supportive, caring group that supports their health and well-being. Our program work is designed to encourage empowering relationships with other women to help build a strong social support network while learning and demonstrating the

skills needed to live the best lives possible. The program addresses low self-esteem, shame, fear, trust issues, trauma, and depression as well as addictive disorders.

(866) 243-1204

www.FHEHealth.com



FHE Health offers a wide range of comprehensive addiction treatment and rehabilitative services to men and women seeking help for substance abuse. Our programs are based on a long-term approach, reflecting our philosophy that recovery consists of multiple phases: safe and medically managed detox, residential treatment, a gradual transition to lower levels of care, and ultimately sober living.

Our goal is to provide the highest level of quality care at an affordable price for all aspects of treatment. We have a proven track record of helping thousands of struggling addicts and alcoholics achieve sustained, long-term sobriety.

Job Protection

- We offer innovative and effective specialized programs for ATU members and their families.
- We have a history of protecting union members and their families for over 15 years.
- We utilize state and federal laws to help patients keep their jobs while they focus on their recovery.
- Union presidents, executive board members, shop stewards and members can call us directly for completely confidential assistance.



FHEHealth

(866) 276-1610

WEINGARTEN RIGHTS

If this discussion could in any way lead to my being Disciplined or terminated, or affect my personal Working conditions, I respectfully request that my Union representative, officer, or steward be present At this meeting. Without representation present, I choose not to participate.

To Be Read Word for Word to Your Supervisor